



Kathleen Carroll Mason

Speaker | Helping People Reconnect
with Intuition & Purpose

Book Kathleen

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Signature Talk

Listening Beyond Logic

What Animals Know About Intuition and Purpose

In this insightful and inspiring talk, Kathleen Carroll Mason shares how our reliance on logic has led us to disconnect from a powerful form of intelligence—our intuition.

Drawing on over 20 years of experience and lessons from animal wisdom, including wild mustang herds, she reveals how we can reconnect with our inner guidance to create clarity, alignment, and meaningful transformation.

In this talk, audiences will discover:

- Why intuition is a natural intelligence we've been trained to ignore
- What animals can teach us about awareness, leadership, and connection
- How to move beyond overthinking and trust inner guidance
- A new way to access clarity, purpose, and aligned decision-making

Animals remind us of a form of intelligence humans were taught to ignore.

About Me & My Work

Many intelligent, capable people have been taught to trust logic—and override the quieter intelligence within them.

I help sensitive, intuitive individuals reconnect with that inner guidance so they can move out of overthinking and into clarity, alignment, and purposeful living.

With over 20 years of experience in mind-body wellness, including training in clinical hypnotherapy and transformational coaching, my work blends practical tools with intuitive insight.

What makes my approach unique is the integration of animal wisdom—particularly the intuitive dynamics of wild mustang herds—which reveal a form of awareness, leadership, and connection humans were never meant to lose.

Through speaking, guided experiences, and transformational work, I help people restore their intuition, reconnect with themselves, and create meaningful change in their lives.